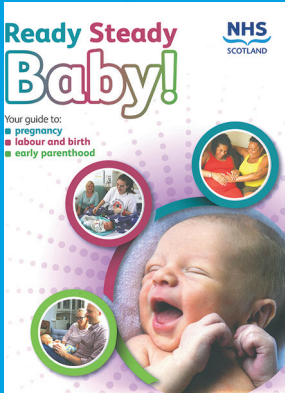
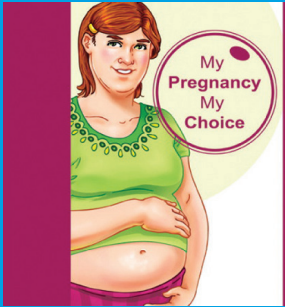


Early Years Pathway for parents and families.

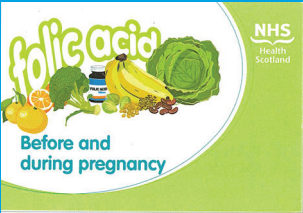
National publications issued by Maternity Services.



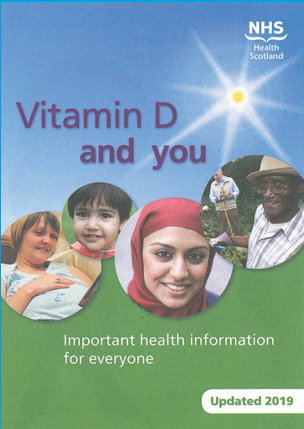
Ready, Steady, Baby!



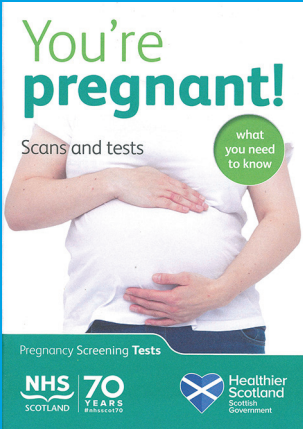
My Pregnancy, My Choice



Folic Acid:
before and after pregnancy



Vitamin D and you



You're pregnant!
Scans and tests



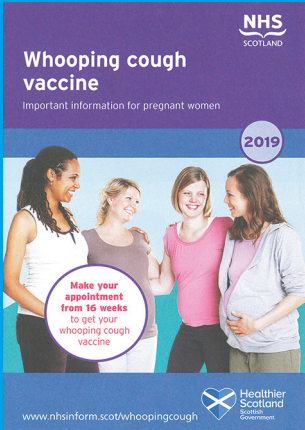
iQuit
stopping smoking when
you're pregnant



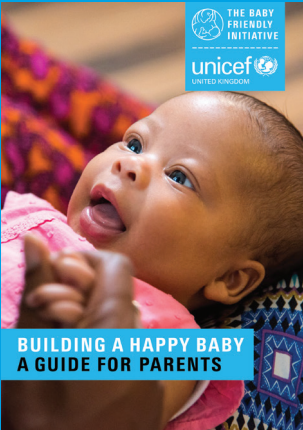
Off to a good start:
all you need to know about
breastfeeding



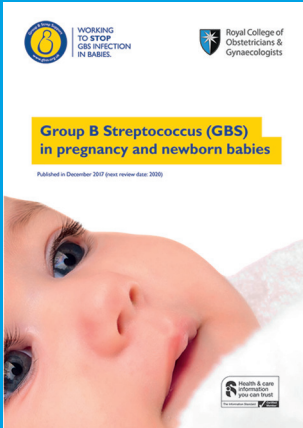
Pregnant?
Flu: I'm ready for you



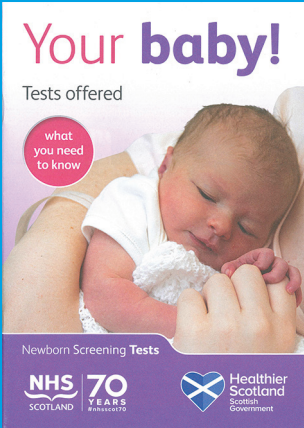
Whooping cough: help
protect your baby



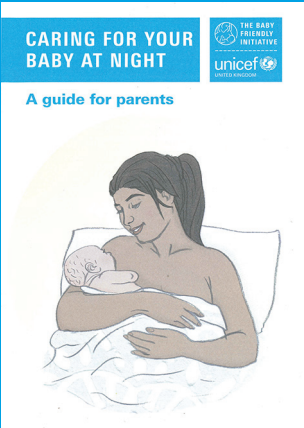
Building a happy baby
(Only available digitally)



Group B Streptococcus
(Available digitally
when necessary)



Your baby! Tests offered



Caring for your baby
at night



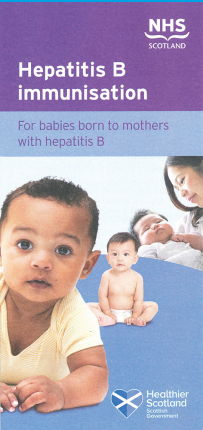
Reduce the risk
of cot death



Formula feeding:
how to feed your baby
safely



Protect your baby's natural
headshape: tummy time to
play, back to sleep



Hepatitis B immunisation



BCG Immunisation



Accredited as
Baby Friendly Gold

unicef
UNITED KINGDOM

NHS Fife Maternity Services is accredited as

Baby Friendly Gold

by the UNICEF UK Baby Friendly Initiative
for excellence in the support of breastfeeding
and patient-infant relationships.