

Places for Reflection

Some hospitals have a multi-faith sanctuary or quiet room providing a place of rest and peacefulness in the midst of a busy hospital. If a sanctuary or quiet room is not available the Chaplain can arrange a quiet space for you.

Bereavement Care

Bereavement can turn our world upside-down and can be strange and overwhelming. In spite of this, it is a normal part of life and seldom requires medical attention. The Bereavement Service provides appropriate and sensitive support through a confidential listening service. It is staffed by a team of trained volunteers who work under the direction of a senior Healthcare Chaplain.

Staff Wellbeing

With ever increasing pressures at work and at home, there are bound to be occasions when it seems difficult to balance the demands of everyday life. Staff support is an important aspect of the Departments work providing a confidential, informed yet independent listening ear. As we are based on the hospital site, we can respond promptly to any request for staff support 24/7.

Healthcare Chaplains work alongside patients, staff and carers ensuring that people remain at the centre of health and wellbeing by supporting:

- ❖ Spiritual Care
- ❖ Religious Care
- ❖ Bereavement Care
- ❖ Listening Services
- ❖ Staff Wellbeing

Healthcare chaplains provide 24hour care throughout the year. If you would like to see a Healthcare Chaplain, please speak to the staff looking after you who can arrange this for you. Alternatively you can contact the a Chaplain by telephone:

Non-urgent calls can be made by calling:
01592 648158

For urgent requests please contact Main Switchboard and ask for the on-call / duty chaplain.

Department
Of Spiritual
Care

Healthcare Chaplains

Healthcare Chaplains are appointed by NHS Fife as part of the wider Healthcare Team to provide spiritual and pastoral care as well as a listening ear.

Healthcare Chaplains help people to find hope, meaning and purpose in the midst of illness and uncertainty; affirming that tears and laughter, pain and joy are part of normal human experience.

Support is provided in a sensitive, non-judgemental and confidential manner helping people find strength, comfort and meaning at what can be a very difficult or worrying times.

Coming into hospital can be a worrying and upsetting time for patients and relatives, whether it be a planned or an emergency admission.

- worried about the future
- anxious about something you have been told
- faced with making decisions or choices about your treatment or care
- uncertain about what lies ahead
- experiencing difficulty in coping with your feelings



Spiritual Care



Putting people at the heart of Health & Care



You may find yourself separated from and worried about, a loved one or those who give you support.

Healthcare Chaplains are trained in listening and responding to the needs of the individual, offering support to people of all faiths and those who hold no particular faith.