

Recycling Centres for Equipment Drop Off October - March, 9 - 5pm / April - September, 9 - 5.45pm	
Cowdenbeath – Cuddyhouse Road, KY4 9PT	Closed Monday and Thursday Closed for Lunch 12.45 - 13.30
Dalgety Bay – Hillend Industrial Park, Ridge Way, KY11 9JD	Closed Wednesday and Friday Closed Lunch =12 - 12.45
Dunfermline – Lochhead Landfill Site, By Wellwood, KY12 0RX	Open all day
Glenrothes - Viewfield Industrial Estate, Cable Road, KY6 2SY	Closed Wednesday Closed for Lunch 12 - 12.45
Kirkcaldy – Denburn Road, KY1 2HD	Closed Tuesday Closed for Lunch 12.45 - 13.30
Lochgelly – Cartmore Industrial Estate, KY5 8LL	Closed Tuesday and Friday Closed for Lunch 12 - 12.45
Methil – Methil Brae, KY8 2HY	Closed Thursday Closed for Lunch 12 - 12.45
St Andrews – Behind Morrisons, Largo Road, KY16 8PJ	Closed Tuesday and Friday Closed for Lunch 12.45 - 13.30

NHS Fife provides accessible communication in a variety of formats including for people who are speakers of community languages, who require Easy Read versions, who speak BSL, read Braille or use Audio formats.

NHS Fife SMS text service number 07805800005 is available for people who have a hearing or speech impairment.

To find out more about accessible formats contact: fife-UHB.EqualityandHumanRights@nhs.net
or phone 01592 729130



***Help us recycle,
repair and re-use***

**Returning walking aids
and equipment**

issue No. 1

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Devised by Rehabilitation Department, Victoria Hospital, Kirkcaldy

Introduction

This leaflet is to give you advice on how to return walking aids or equipment given to you following your stay in hospital.

What walking aids and equipment can I return?

- *Walking Frames*
- *Crutches*
- *Sticks*
- *Bath Aids*
- *Toilet Aids*
- *Chairs*
- *Trolleys*



When you or your relative no longer require this equipment you will be able to return it to a **local Recycling Centre**. The equipment can then be refurbished and used again if it is in good condition.

Why can't I return my aid to the hospital or clinic?

Hospitals and clinics have no facilities to ensure equipment is:

- ① cleaned to infection control standards and
- ② fully restored to its safe working standards for use by another patient.

Recycling Centres

Where are the recycling centres?

You can hand in equipment at these Fife recycling centres (see back page for addresses and opening times) or visit www.fifedirect.org.uk/recycling

West Fife:	Central Fife	North East Fife
<ul style="list-style-type: none">• Lochgelly• Dunfermline• Dalgety Bay	<ul style="list-style-type: none">• Kirkcaldy• Glenrothes• Methil	<ul style="list-style-type: none">• St Andrews• Pittenweem

What happens at the recycling centre?

You should ask one of the site staff to open the correct recycling container. The recycling container will be marked as below:



Arrange for Collection

What if me or my carer can't travel to a recycling centre?

If you or your carer are unable to travel to a recycling centre you can make an appointment with Fife Council Community Stores to arrange a collection. To arrange for equipment to be collected: phone: 01592 583252 or online: Fces.orders@fife.gov.uk