



Adult Learning Disability Physiotherapy Service

“Optimising function for the greatest quality of life”

Who do we see

This specialist Physiotherapy team provides assessment and treatment to any adult with a diagnosed Learning Disability, who is unable to access mainstream Physiotherapy services by reason of their Learning Disability.

We are based at Lynebank Hospital but provide a Fife wide community service.

Indications for referral

- Movement and Mobility Problems/ Falls.
- Orthopaedic conditions and soft tissue injuries, pain.
- Posture, seating and positioning problems including pressure care issues.
- Neurological conditions & secondary complications.
- Respiratory Conditions/Complications.
- Poor cardiovascular function and exercise tolerance.

The service aims to enable the client to be as independent as possible, maximising their health and wellbeing by improving mobility, movement and function, where necessary advising on appropriate equipment.

How to refer

Anyone can refer into the service via the single point of access referral form (SPoAR). This can be requested via:

Telephone: 01383 565230

Email: Fife.LDReferrals@nhs.scot

General Enquires

We're here to help, please do not hesitate to contact us via:

Telephone: 01383 565253

Email: fife.ldphysiotherapy@nhs.scot

Address: Lynebank Hospital, Halbeath Road, Dunfermline, KY11 4UW