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2021



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(Test and Protect)

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(COVID Community)

- **0800952 0330**
- **covid.communityhelpline@fife.gov.uk**

**clearyourhead.scot**

**parentclub.scot**

**027 1234**

**0800  
sdafmh.org.uk**

[www.nhsfife.org/communitytesting](http://www.nhsfife.org/communitytesting)



**FACE  
COVERINGS**



**AVOID  
CROWDS**



**CLEAN  
HANDS**



**TWO  
METRES**



**SELF-  
ISOLATE**