

Boosting your immunity this winter

What you need to know about the Flu vaccine + COVID-19 booster in Fife

	How				Where				When
	Postal letter or schools	Online booking	Phone call	Care home	Community vaccination centre or GP surgery	Health centres or schools	Staff clinic	Care home	Starting from
Children's flu vaccinations (including teaching staff)	✓					✓			Early September
Adults in care homes				✓				✓	Late September
Frontline health and social care workers (including care home staff)		✓			✓		✓		Late September
Those aged 80+	✓		✓		✓				Early October
Those aged 70+	✓				✓				Late October
Those aged 16+ within an at-risk group	✓	✓			✓				Late October/ November
Those aged 50+	✓	✓			✓				November/ December/ January
Those aged 40+		✓			✓				Late November/ December
Adults aged 16+ who are household contacts of immunosuppressed individuals, unpaid carers 16+		✓			✓				November/ December/ January