FACTS Stakeholder Toolkit

12 February 2021

FACE COVERINGS

AVOID CROWDS

CLEAN HANDS

TWO METRES

SELF-ISOLATE

FACTS

Following FACTS is an essential part of life right now to help stop the spread of the virus. This is even more important now, as the new virus strain is up to 70% more transmissible than previous strains.

Poster

A4 poster including detailed information on FACTS.

Download poster via WeTransfer here

Retail Posters

Posters to be used in retail settings can be found under supporting files here on the SG website.

Healthier Scotland
Scottish Government

NHS SCOTLAND

Stopping the spread starts with all of us.

F FACE COVERINGS
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Following **FACTS** is an essential part of life right now to help stop the spread of the virus.

FACE COVERINGS

Face coverings can provide extra protection to you and those around you. They're mandatory in shops, workplaces and on public transport.

They must securely cover your nose and mouth.

Avoid touching your face when wearing a face covering and clean hands before and after use.

Wash reusable ones after each use and bin disposable ones responsibly.

AVOID CROWDS

Close proximity to others seriously risks spreading the virus, even outdoors.

Avoiding crowds reduces your risk of catching the virus and spreading it to loved ones.

CLEAN HANDS

Clean hands and surfaces regularly. Wash hands with soap and water for 20+ seconds.

When out, avoid touching hard surfaces and sanitise hands frequently, to reduce your risk of catching the virus from contaminated objects or surfaces.

TWO METRES DISTANCE

Keep at least 2m distance (6 feet) away from others, both indoors and outdoors, even when wearing a face covering.

The virus can spread through droplets when you cough, sneeze, speak or breathe. Staying 2m apart reduces the risk of catching it and passing it on to others.

SELF-ISOLATE

Self-isolate and book a test immediately if you have coronavirus symptoms - a continuous dry cough, a raised temperature, or a change in your sense of taste or smell.

Don't go for one last shop and don't wait for your test result to start isolating. Only leave your home to get tested.

Book a test at NHSinform.scot or by calling 0800 028 2816

#WeAreScotland
gov.scot/coronavirus

FACTS

Social Assets

- 5 x short animations for use on social showing best practice when using face coverings.
- Suggested copy for use on social channels.

Download social assets via WeTransfer here

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