

Stereotactic ablative radiotherapy (SABR) for Non Small Cell Lung Cancer explained

(SABR) is a specialised type of radiotherapy. It may be used to try to cure a small tumour that has not spread to the lymph nodes in the chest. This is usually when you cannot have, or do not want, surgery. SABR is provided in the Edinburgh Cancer Centre, located at the Western General Hospital.

Your cancer team use scans, specialist machinery and complex planning to target the radiotherapy beams very precisely. This gives a very high dose of radiotherapy to small cancers, and only a low dose to healthy tissue surrounding it. This helps to reduce side effects. People usually have SABR as 3, 5 or 8 treatments on every other day.