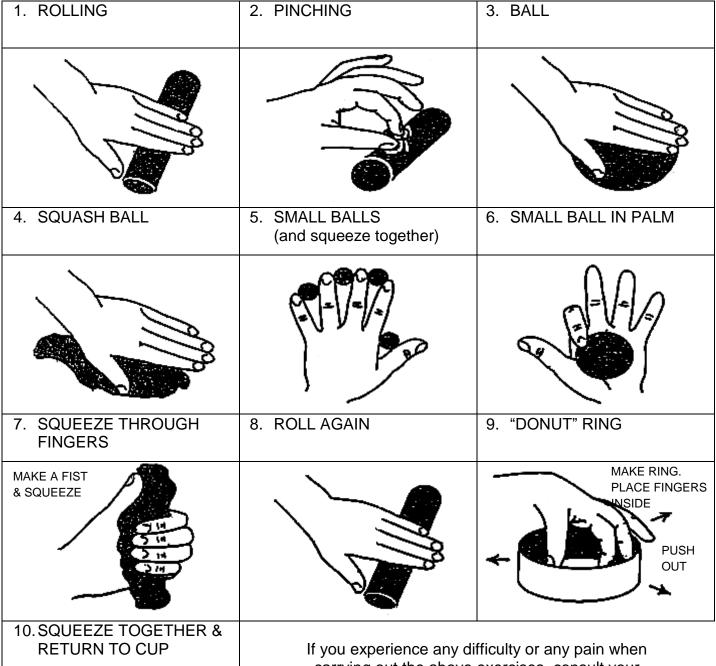
## **OCCUPATIONAL THERAPY**

## **EXERCISE PUTTY PROGRAMME**

These diagrams illustrate various exercises to promote increased range of movement, strength and grasp.



carrying out the above exercises, consult your Occupational Therapist as soon as possible.