

Calendar of health events 2024 - 2025

Information and support materials

You can source information and support materials by contacting the national website addresses or by visiting our online catalogue <http://hpac.fife.scot.nhs.uk> or alternatively contact the Health Promotion Service Information and Resources Centre on fife.infocentre@nhs.scot Event dates may change.



Information and Resources Centre

Check out each entry fully before embarking on any campaign support. Inclusion in this calendar does not imply endorsement by Fife Health & Social Care Partnership.

April

1st - 30th
Bowel Cancer Awareness Month
www.bowelcanceruk.org.uk

2nd - 8th
World Autism Awareness Week
www.autism.org.uk

7th
World Health Day
<https://www.who.int/campaigns/world-health-day>

11th
World Parkinson's Day
www.parkinsons.org.uk

22nd - 28th
MS Awareness Week
www.mstrust.org.uk

24th - 30th
World Immunisation Week
<https://www.who.int/campaigns/world-immunization-week>

25th
On Your Feet Britain
www.onyourfeetday.com

May

1st - 31st
Action On Stroke Month
www.stroke.org.uk

National Walking Month
<https://www.livingstreets.org.uk/get-involved/campaign-with-us/national-walking-month>

Skin Cancer Awareness Month
www.skincancer.org

1st - 7th
Deaf Awareness Week
<https://ukcod.org/>

5th
World Hand Hygiene Day
<https://www.who.int/campaigns/world-hand-hygiene-day>

6th - 12th
Sun Awareness Week
www.bad.org.uk

Viral Meningitis Week
www.meningitis.org

7th
World Asthma Day
www.ginasthma.org/wad

11th - 17th
M.E. Awareness Week
www.afme.org.uk

12th
International Fibromyalgia Awareness Day
www.fmauk.org

13th - 19th
Coeliac Disease Awareness Week
www.coeliac.org.uk

Dementia Action Week
www.alzheimers.org.uk/get-involved/dementia-action-week

Food Allergy Awareness Week
www.foodallergy.org

Mental Health Awareness Week
www.mentalhealth.org.uk/campaigns/mental-health-awareness-week

13th - 13th June
National Smile Month
<https://www.dentalhealth.org/national-smile-month>

20th - 24th
Walk to school week
www.livingstreets.org.uk

20th - 26th
Action For Brain Injury Week
www.headway.org.uk

National Epilepsy Week
www.epilepsy.org.uk

31st
World No Tobacco Day
<https://www.who.int/campaigns/world-no-tobacco-day>

June

1st - 7th
Volunteers Week
www.volunteersweek.org

3rd - 7th
Dietitians Week
<https://www.bda.uk.com/news-campaigns/campaigns/dietitians-week.html>

3rd - 9th
Child Safety Week
www.childsafetyweek.org.uk

7th
World Food Safety Day
<https://www.who.int/campaigns/world-food-safety-day>

10th - 14th
BNF Healthy Eating Week
<https://www.nutrition.org.uk/healthy-eating-week/>

10th - 16th
Bike Week
www.bikeweek.org.uk
Carers Week
<https://www.carersweek.org/>
Diabetes Week
www.diabetes.org.uk
National Men's Health Week
www.menshealthmonth.org/week

14th
World Blood Donor Day
<https://www.who.int/campaigns/world-blood-donor-day>

17th - 23rd
Cervical Screening Awareness Week
www.jostrust.org.uk

Learning Disability Week
<https://www.mencap.org.uk/>
Love your Lungs Week (formerly Breathe Easy Week)
www.blf.org.uk

17th - 23rd - TBC
UK Myeloma Awareness Week
www.myeloma.org.uk

20th
National Clean Air Day
www.cleanairday.org.uk

July

1st - 7th
Alcohol Awareness Week
www.alcoholchange.org.uk

24th
Samaritans Awareness Day
www.samaritans.org

28th
World Hepatitis Day
www.worldhepatitisday.org

August

1st
Cycle to Work Day
<https://www.cyclescheme.co.uk/cycletoworkday>

1st - 7th
World Breastfeeding Week
www.worldbreastfeedingweek.org

7th
National Play Day
www.playday.org.uk

12th
International Youth Day
<https://www.un.org/en/observances/youth-day>

September

1st - 30th
Childhood Cancer Awareness Month
www.childrenwithcancer.org.uk
Urology Awareness Month
www.theurologyfoundation.org

2nd - 8th
Know Your Numbers! (National Blood Pressure Testing Awareness Week)
www.bloodpressureuk.org

9th - 15th - TBC
Sexual Health Week
www.fpa.org.uk

10th
World Suicide Prevention Day
<https://www.samaritans.org/scotland/support-us/campaign/world-suicide-prevention-day/>

13th
World Sepsis Day
www.worldsepsisday.org

16th - 22nd
Fall Prevention Awareness Week
<https://www.medline.eu/uk/prevention-of-falls>

Orchid Male Cancer Awareness Week
www.orchid-cancer.org.uk

16th - 22nd - TBC
Self Management Week
<https://www.alliance-scotland.org.uk/self-management-and-co-production-hub/self-management-network/>

20th
National Fitness Day
www.nationalfitnessday.com

21st
World Alzheimer's Day
www.alzscot.org

23rd - 29th
Organ Donation Week
www.britishlivertrust.org.uk/our-work/campaigns/organ-donation-week

25th
Ataxia Awareness Day
www.ataxia.org.uk

27th
World's Biggest Coffee Morning
<https://coffee.macmillan.org.uk>

29th
World Heart Day
<https://world-heart-federation.org/world-heart-day/>

October

1st
International Day of Older Persons
<https://www.un.org/en/observances/older-persons-day>

1st - 31st
Black History Month
<https://www.blackhistorymonth.org.uk/>

Breast Cancer Awareness Month
www.breastcancer.org.uk
Health Literacy Month
<https://www.healthliteracyplace.org.uk/>
Menopause Awareness Month
<https://www.rcog.org.uk/about-us/groups-and-societies/specialist-societies/british-menopause-society-bms/>
National Cholesterol Month
www.heartuk.org.uk

7th - 11th - TBC
Back Care Awareness Week
<https://backcare.org.uk/>

7th - 13th - TBC
Challenge Poverty Week
www.challengepoverty.net

9th - 15th
Baby Loss Awareness Week
www.sands.org.uk

10th
World Mental Health Day
<https://www.who.int/campaigns/world-mental-health-day>
World Sight Day
<https://www.iapb.org>

12th
World Hospice & Palliative Care Day
<http://www.thewhpc.org/>

14th - 20th
International Infection Prevention Control Week
<https://apic.org/international-infection-prevention-week>

20th
World Osteoporosis Day
<http://www.worldosteoporosisday.org/>

22nd
International Stammering Day
<https://stamma.org/>

November

1st - 30th
World Movember Month
www.movember.com

Lung Cancer Awareness Month
www.roycastle.org

11th - 17th
Anti-bullying week
www.anti-bullyingalliance.org.uk

20th
World Children's Day
<https://www.unicef.org/world-childrens-day>

December

1st
World AIDS Day
www.worldaidsday.org

2nd - 8th
Grief Awareness Week
www.thegoodgrieftrust.org

3rd
International Day of Persons with Disabilities
www.idpwd.org

January

1st - 31st
Dry January
www.alcoholchange.org.uk

Love Your Liver Awareness Month
<https://britishlivertrust.org.uk/love-your-liver-month/>

11th - 18th - TBC
National Obesity Awareness Week
www.nationalobesityforum.org.uk

20th - 26th - TBC
Cervical Cancer Prevention Week
www.jostrust.org.uk

February

1st
Breathing Space Day
www.breathingspace.scot

1st - 28th
LGBT History Month
<https://lgbtplushistorymonth.co.uk/>
National Heart Month
www.bhf.org.uk

4th
World Cancer Day
<https://www.worldcancerday.org/>

6th
Time to Talk Day
<https://www.mind.org.uk/get-involved/time-to-talk-day-2024/>

26th - 5th Mar - TBC
Eating Disorders Awareness Week
<https://www.beateatingdisorders.org.uk/>

TBC
National HIV Testing Week
<https://www.tht.org.uk/>

March

1st - 31st
Marie Curie Cancer Care Great Daffodil Appeal
www.mariecurie.org.uk/supportus/thegreatdaffodilappeal

Ovarian Cancer Awareness Month
www.ovarian.org.uk

Prostate Cancer Awareness Month
www.prostatecanceruk.org

8th
International Women's Day
<https://www.internationalwomensday.com/>

10th - 16th - TBC
Nutrition and Hydration Week
www.nutritionandhydrationweek.co.uk

12th
No Smoking Day
www.nosmokingday.org.uk

13th
World Kidney Day
www.worldkidneyday.org

14th
World Sleep Day
www.worldsleepday.org

21st
International Day for the Elimination of Racial Discrimination
<https://www.un.org/en/observances/end-racism-day>

Use this QR code to order your own paper copy or get the pdf.

