

**Find a tick?  
Remove it quick.**

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**Healthier  
Scotland**  
Scottish  
Government



Lyme Disease is spread by ticks and can be a serious condition if not treated early. If you find one on your body, remove the whole tick carefully.

If you get a red circular rash on your skin, or develop flu-like symptoms visit [nhsinform.scot/lyme-disease](https://nhsinform.scot/lyme-disease) for more info.