

# The shingles vaccine



## Who is eligible?



People aged 65 or 70 on 1 September 2023	Born between
65	2 September 1957 – 1 September 1958
70	2 September 1952 – 1 September 1953

People are also eligible if they are aged:

- 71 – 79 (and have not yet had the shingles vaccine)
- 50 or over and have a severely weakened immune system or are about to start immunosuppressive therapy.

Those eligible will be sent details of their appointment by NHSScotland and should wait to be contacted.

Those aged 18 – 49 who are having or have had CAR-T therapy, or received a stem cell transplant in the last 2 years, will be offered vaccination as part of their overall treatment plan.

The shingles vaccine is given in two doses and is free.

# What's changed?

NHSScotland is now offering the shingles vaccine to a much larger group of people to help protect them at an earlier age.

This cannot be done all at once, so it needs to be rolled out on a phased basis. This approach is based on national evidence.

People born between 2 September 1958 and 1 September 1962 will become eligible when they turn **65 years old**, as follows:

Born between	Eligible from
2 September 1958 – 1 September 1959	1 September 2024
2 September 1959 – 1 September 1960	1 September 2025
2 September 1960 – 1 September 1961	1 September 2026
2 September 1961 – 1 September 1962	1 September 2027

People born between 2 September 1953 and 1 September 1957 will become eligible when they turn **70 years old**, as follows:

Born between	Eligible from
2 September 1953 – 1 September 1954	1 September 2024
2 September 1954 – 1 September 1955	1 September 2025
2 September 1955 – 1 September 1956	1 September 2026
2 September 1956 – 1 September 1957	1 September 2027

**NHSScotland strongly recommends that those eligible get the shingles vaccine when they're offered it.**

For more information visit  
[www.nhsinform.scot/shingles](http://www.nhsinform.scot/shingles)