

Calendar of health events 2023 - 2024

Information and support materials

You can source information and support materials by contacting the national website addresses or by visiting our online catalogue <http://hpac.fife.scot.nhs.uk> or alternatively contact the Health Promotion Service Information and Resources Centre on fife.infocentre@nhs.scot



Information and Resources Centre

Event dates may change. Check out each entry fully before embarking on any campaign support. Inclusion in this calendar does not imply endorsement by Fife Health & Social Care Partnership.

April

27th Mar - 2nd Apr
World Autism Awareness Week
www.autism.org.uk

1st - 30th
Bowel Cancer Awareness Month
www.bowelcanceruk.org.uk

7th
World Health Day
<https://www.who.int/campaigns/world-health-day>

11th
World Parkinson's Day
www.parkinsons.org.uk

24th - 30th
World Immunisation Week
<https://www.who.int/campaigns/world-immunization-week>

MS Awareness Week
www.mstrust.org.uk

26th
On Your Feet Britain
www.onyourfeetday.com

May

1st - 31st
Action On Stroke Month
www.stroke.org.uk

National Walking Month
<https://www.livingstreets.org.uk/get-involved/campaign-with-us/national-walking-month>

Skin Cancer Awareness Month
www.skincancer.org

1st - 7th
Sun Awareness Week
www.bad.org.uk

Viral Meningitis Week
www.meningitis.org

2nd
World Asthma Day
www.ginasthma.org/wad

2nd - 8th
Deaf Awareness Week
<https://ukcod.org/>

5th
World Hand Hygiene Day
<https://www.who.int/campaigns/world-hand-hygiene-day>

8th - 14th
Coeliac Disease Awareness Week
www.coeliac.org.uk

11th - 17th
M.E. Awareness Week
www.afme.org.uk

11th - 18th
Action For Brain Injury Week
www.headway.org.uk

12th
International Fibromyalgia Awareness Day
www.fmauk.org

14th - 20th
Food Allergy Awareness Week
www.foodallergy.org

15th - 19th
Walk to school week
www.livingstreets.org.uk

15th - 21st
Dementia Action Week
www.alzheimers.org.uk/get-involved/dementia-action-week

Mental Health Awareness Week
www.mentalhealth.org.uk/campaigns/mental-health-awareness-week

15th - 15th June
National Smile Month
<https://www.dentalhealth.org/national-smile-month>

22nd - 28th
National Epilepsy Week
www.epilepsy.org.uk

31st
World No Tobacco Day
<https://www.who.int/campaigns/world-no-tobacco-day>

June

1st - 7th
Volunteers Week
www.volunteersweek.org

5th - 9th
Dietitians Week
<https://www.bda.uk.com/news-campaigns/campaigns/dietitians-week.html>

5th - 11th
Bike Week
www.bikeweek.org.uk
Carers Week
<https://www.carersweek.org/>
Child Safety Week
www.childsafetyweek.org.uk

7th
World Food Safety Day
<https://www.who.int/campaigns/world-food-safety-day>

12th - 16th
BNF Healthy Eating Week
<https://www.nutrition.org.uk/healthy-eating-week/>

12th - 18th
Diabetes Week
www.diabetes.org.uk
National Men's Health Week
www.menshealthmonth.org/week

14th
World Blood Donor Day
<https://www.who.int/campaigns/world-blood-donor-day>

15th
National Clean Air Day
www.cleanairday.org.uk

17th - 24th
Breathe Easy Week
www.blf.org.uk

19th - 24th
Cervical Screening Awareness Week
www.jostrust.org.uk

19th - 25th
Learning Disability Week
<https://www.mencap.org.uk/>

20th - 26th
UK Myeloma Awareness Week
www.myeloma.org.uk

July

3rd - 9th
Alcohol Awareness Week
www.alcoholchange.org.uk

24th
Samaritans Awareness Day
www.samaritans.org

28th
World Hepatitis Day
www.worldhepatitisday.org

August

1st - 7th
World Breastfeeding Week
www.worldbreastfeedingweek.org

2nd
National Play Day
www.playday.org.uk

6th
Cycle to Work Day
www.cycletoworkday.org

12th
International Youth Day
<https://www.un.org/en/observances/youth-day>

September

1st - 30th
Childhood Cancer Awareness Month
www.childrenwithcancer.org.uk
Urology Awareness Month
www.theurologyfoundation.org

4th - 10th
Know Your Numbers! (National Blood Pressure Testing Awareness Week)
www.bloodpressureuk.org

10th
World Suicide Prevention Day
<https://www.samaritans.org/scotland/support-us/campaign/world-suicide-prevention-day/>

11th - 17th
Orchid Male Cancer Awareness Week
www.orchid-cancer.org.uk
Sexual Health Week
www.fpa.org.uk

13th
World Sepsis Day
www.worldsepsisday.org

18th - 21st
Self Management Week
<https://www.alliance-scotland.org.uk/self-management-and-co-production-hub/self-management-network/>

18th - 24th
Organ Donation Week
www.britisHLivertrust.org.uk/our-work/campaigns/organ-donation-week

21st
National Fitness Day
www.nationalfitnessday.com
World Alzheimer's Day
www.alzscot.org

22nd - 28th
Fall Prevention Awareness Week
<https://www.medline.eu/uk/prevention-of-falls>

25th
Ataxia Awareness Day
www.ataxia.org.uk

29th
World's Biggest Coffee Morning
<https://coffee.macmillan.org.uk>

World Heart Day
<https://world-heart-federation.org/world-heart-day/>

October

1st
International Day of Older Persons
<https://www.un.org/en/observances/older-persons-day>

1st - 31st
Black History Month
<https://www.blackhistorymonth.org.uk/>
Breast Cancer Awareness Month
www.breastcancercare.org.uk

Health Literacy Month
<https://www.healthliteracyplace.org.uk/>
National Cholesterol Month
www.heartuk.org.uk

Menopause Awareness Month
www.thebms.org.uk

2nd - 8th
Challenge Poverty Week
www.challengepoverty.net

3rd - 7th
Back Care Awareness Week
<https://backcare.org.uk/>

9th - 15th
Baby Loss Awareness Week
www.sands.org.uk

10th
World Mental Health Day
<https://www.who.int/campaigns/world-mental-health-day>

12th
World Sight Day
<https://www.iapb.org>

14th
World Hospice & Palliative Care Day
<http://www.thewhpca.org/>

15th - 21st
International Infection Prevention Control Week
<https://apic.org/international-infection-prevention-week>

20th
World Osteoporosis Day
<http://www.worldosteoporosisday.org/>

22nd
International Stammering Day
<https://stamma.org/>

November

1st - 30th
World Movember Month
www.movember.com

Lung Cancer Awareness Month
www.roycastle.org

2nd
National Stress Awareness Day
www.nationalstressawarenessday.co.uk

13th - 17th
Anti-bullying week
www.anti-bullyingalliance.org.uk

20th
World Children's Day
<https://www.unicef.org/world-childrens-day>

December

1st
World AIDS Day
www.worldaidsday.org

2nd - 8th
Grief Awareness Week
www.thegoodgrieftrust.org

3rd
International Day of Persons with Disabilities
www.idpwd.org

January

1st - 31st
Dry January
www.alcoholchange.org.uk
Love Your Liver Awareness Month
<https://britishlivertrust.org.uk/love-your-liver-month/>

13th - 20th
National Obesity Awareness Week
www.nationalobesityforum.org.uk

22nd - 28th
Cervical Cancer Prevention Week
www.jostrust.org.uk

February

1st
Breathing Space Day
www.breathingspace.scot
Time to Talk Day
<https://www.mind.org.uk/get-involved/time-to-talk-day-2023/>

1st - 28th
LGBT History Month
www.lgbthistory.org.uk

National Heart Month
www.bhf.org.uk

4th
World Cancer Day
<https://www.worldcancerday.org/>

28th - 5th March
Eating Disorders Awareness Week
<https://www.beateatingdisorders.org.uk/>

TBC
National HIV Testing Week
<https://www.tht.org.uk/>

March

1st - 31st
Marie Curie Cancer Care Great Daffodil Appeal

www.mariecurie.org.uk/supportus/thegreatdaffodilappeal
Ovarian Cancer Awareness Month
www.ovarian.org.uk

Prostate Cancer Awareness Month
www.prostatecanceruk.org

8th
International Women's Day
<https://www.internationalwomensday.com/>

11th - 18th
Nutrition and Hydration Week
www.nutritionandhydrationweek.co.uk

13th
No Smoking Day
www.nosmokingday.org.uk

14th
World Kidney Day
www.worldkidneyday.org

15th
World Sleep Day
www.worldsleepday.org

21st
International Day for the Elimination of Racial Discrimination
<https://www.un.org/en/observances/end-racism-day>