Further information and resources for personal footcare are available at: http://www.knowledge.scot.nhs.uk/ home/portals-and-topics/personal-footcare.aspx

NHS Fife provides accessible communication in a variety of formats including for people who are speakers of community languages, who require Easy Read versions, who speak BSL, read Braille or use Audio formats.

NHS Fife SMS text service number 07805800005 is available for people who have a hearing or speech impairment.

To find out more about accessible formats contact:

fife-

<u>UHB.EqualityandHumanRights@nhs.net</u> or phone 01592 729130

Further patient information leaflets are available online on our website www.nhsfife.org/

Fife Council and NHS Fife are supporting the people of Fife together through Fife's Health and Social Care Partnership.

& Social Care Partnership

www.fifehealthandsocialcare.org



PODIATRY DEPARTMENT



CARE HOME PROVISION

Issued	Jan 2002
Revised	Sept 2017
Next Review	Sept 2019
Images	NHS Photo Library

PODIATRY IN FIFE

NHS Fife Podiatry service provide advice and support to patients, carers and staff within care homes to deliver personalised and patient centred foot care within the care home setting.

Our service aims to promote good foot health in order to help sustain mobility and independence and reduce pain.

The podiatry service provides care for patients who have a clinical need, including patients who require:

- wound management
- reduction of callous and corns
- ingrown toenails
- diabetes lower limb annual assessments
- falls prevention including footwear advice

PERSONAL CARE

The NHS Fife Podiatry Service **does not** provide a simple nail cutting service.

Personal footcare including toenail cutting and/or filing should be carried out by care home staff.

Scottish Government policy states it is the care homes responsibility to provide personal footcare as set out in the Community Care and Health (Scotland) Act 2002.

TRAINING

Healthy Footsteps training is available to all care homes in Fife to improve knowledge and support residents, family and carers to carry out personal footcare.

These sessions are carried out by members of the podiatry care home team and are interactive to allow participates to learn about the things important to them. To arrange a session please contact your local care home podiatry team.

